

## **CREWKERNE 10K**

Organised by CREWKERNE RUNNING CLUB Supported by Stokes Partners LLP



## Starting and finishing from the Town Hall, Crewkerne,

Sunday June 5th 2016

Race starts 10:00 am

Entries on the day subject to availability & £2 surcharge

Race permit ..ARC 16/049

## IN AID OF ST.MARGARET'S HOSPICE

The Business Challenge is for teams of three from local businesses to take part in the Fun Run for the Business Challenge Trophy donated by Stokes Partners LLP.

Please see the website to download a team form:

www.crewkernerc.btck.co.uk

Changing & Toilets (No showers) in the Town Hall.

Drinks approx. every 3 to 4 kilometres. Professional First Aid Cover

The Route is well marked and marshalled. Certified accurate UKA certificate 12/021

Quality souvenir for all 10 K finishers. Souvenir medals for 5K finishers.

Drinks and bananas at the finish line.

Ten Kilometre Race. Age 15 and over on race day.

An 'out and back' course with a loop through Merriott.

Roads are not closed but are relatively traffic free country lanes through attractive villages and hamlets with a degree of undulation.

<u>Junior 5 kilometre Fun Run.</u> Age 14 and under on race day. Approx. 5 kilometres on the main route out to the first drink station and return. Prizes in the Junior Fun Run only.

<u>Fun Run, & Business Challenge.</u> Age 15 and over on race day. Approx. 5 kilometers on the main route out to the first drink station and return.

Fun Run & Business Challenge ages 15 and over on race day. If you can submit your business challenge team entries together it will be appreciated.

Note: If you are not a member of an ARC or UKA affiliated club you must pay the £10:00 entry fee. The extra £2 goes to ARC for permit & insurance and to the promoters.

9th. Race in the
Somerset Race Series.
Next Event
Yeovilton 5K

Wednesday June 8th. www.yeoviltownrrc.com

More info:- 01460 53149 Email hilary.askew@hotmail.com

Send your completed entry form with the appropriate fee to :-

Crewkerne 10K,
Rockthorne, Puddletown,
Haselbury Plucknett,
Crewkerne, SOM. TA18 7NZ
Cheques payable to:Crewkerne Running Club.





(Parent to sign for juniors.)

## **CREWKERNE 10K ENTRY FORM**

Sunday June 5th 2016 Start time 10:00 am

Do not write in this box. PLEASE ENTER ME IN THE FOLLOWING CATEGORY TICKED BELOW:-10 kilometre Senior Race for ages 15 years and over. Non affiliated, including levy ......£10.00 Junior 5 kilometre Fun Run 5 kilometre Fun Run & Walk 5 kilometre Business Challenge Date of Birth .......Age on Race Day ...... I declare that I am an amateur and will abide by UKA or ARC Club the rules as laid down by the organisers of this Business Challenge Team I am medically fit and of appropriate age to take part in the event entered. I enter at my own risk and the organisers will not be responsible for any injury or loss which may arise in consequence of participation in this Signed ...... Date ..... event.